

# 25m LANE AVAILABILITY

May – September 2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>25m Indoor Lap Pool 8 lanes</p> <p>* number of available lanes per hour are listed. This may change subject to bookings</p>	06:00am	6	8	6	8	8	6	8
	07:00am	6	8	8	6	8	8	8
	08:00am	8	8	8	8	8	7	8
	09:00am	8	8	8	8	8	8	8
	10:00am	8	8	8	8	8	8	8
	11:00am	8	8	8	8	8	8	8
	12:00pm	8	8	8	8	8	8	8
	1:00pm	8	8	8	8	8	8	8
	2:00pm	8	8	8	8	8	8	8
	3:00pm	8	8	8	8	8	8	8
	4:00pm	3	4	4	4	4	8	8
	5:00pm	2	4	4	4	4	8	8
	6:00pm	3	4	4	4	4	8	8
	7:00pm	5	8	8	8	8	8	8

# PROGRAM LANE AVAILABILITY

May – September 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Program Pool 5 lanes</b>  * number of available lanes per hour are listed. This may change subject to bookings	06:00am	5	5	5	5	5	5
	07:00am	5	5	5	5	1	5
	08:00am	1	1	5	1	1	2
	09:00am	2	2	2	2	2	2
	10:00am	2	2	2	2	2	2
	11:00am	2	2	2	2	2	2
	12:00pm	2	2	2	2	2	2
	1:00pm	2	2	5	5	5	5
	2:00pm	5	5	5	5	5	5
	3:00pm	5	5	5	5	5	5
	4:00pm	1	1	1	1	1	5
	5:00pm	1	1	1	1	1	5
	6:00pm	1	1	1	1	1	5
	7:00pm	5	5	5	5	5	5

# GROUP FITNESS CLASSES

## TIMETABLE

May – September 2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AQUA</b>  Program Pool 32 degrees  25m Pool 28 degrees	7:00 am	DEEP WATER AQUA 45min (TRISH) 25m pool					AQUA BOOTCAMP 45min (BRENDAN) Program Pool
	8:00 am	AQUA AEROBICS 45min (AMELIA) Program Pool	AQUA GENTLE 45min (LIZ) Program Pool		AQUA AEROBICS 45min (LIZ) Program Pool	AQUA GENTLE 45min (LIZ) Program Pool	
	12:45 pm	AQUA AEROBICS 45min (AMELIA) Program Pool	AQUA AEROBICS 45min (AMELIA) Program Pool		AQUA AEROBICS 45min (AMELIA) Program Pool		
	6:30 pm	DEEP WATER AQUA 45min (TRISH) 25m pool		AQUA BOOTCAMP 45min (BRENDAN) Program Pool			